

NsF 2019/20 - Appendix 1

APPENDIX 1

Reference: North Bermondsey	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount requested
1109148	STAMP (Shad Thames Area Management Partnership)	Healthy Streets in Shad Thames	A 2017 Southwark Council/TfL report looked at managing traffic movements in Shad Thames to reduce noise & air pollution, & to improve streets for pedestrians & cyclists. Local stakeholders engaged enthusiastically & we now want to implement some of the report's recommendations. With help from specialist consultants, we'll work directly with local residents & businesses to improve our environment, aiming for the London-wide criteria for Healthy Streets, particularly clean air, not too noisy, people feel safe, easy to cross, pedestrians from all walks of life, & people choose to walk & cycle. The project includes research on local users; producing tool kits; & workshops plus an open event.	£4,450.00
1112148	Shad Thames Residents Association	Cleaner Shad Thames	<p>This project aims to continue to provide funding for additional cleaning (via the Council's cleaning contract) in the Shad Thames area, ensuring a cleaner environment for residents, businesses and visitors alike. Extra cleaning will be provided to address the problem of discarded cigarette ends and other waste bin rubbish at weekends and bank holidays, and in addition to the standard Council cleaning service.</p> <p>The impact is a cleaner environment for residents, visitors and businesses in the area, and a strong statement that the people who live in the area care about keeping the environment up to a standard to be expected of an historic Conservation Area.</p>	£3,500.00
1118616	Bede Youth Adventure Project	Funday@Bede2019	<p>The BRCC and the Neighbourhoods Funds have helped establish our highly successful community Funday on the Abbeyfield Estate. Incredibly it continues to be the only event on this estate that brings everyone out of their flats and onto the green. It brings people of all faiths and ages and abilities together. Participating in this inclusive event will continue increase community bonds and resilience whilst waiting for the building works to be finally over!</p> <p>The very successful summer Funday@Bede2018 was our 11th annual event and was dubbed the Party on a Building Site!</p> <p>It was attended by over 150 local residents, young people, people with disabilities, local businesses and people from neighbouring estates. They were entertained by a hula hoop performance artist, music by local young people, firefighters, police officers, BBQ food, and danced the afternoon away.</p> <p>The estate's development is due to be completed in 2020, so this event is the only event that draws the community together We look to a celebration on the estate with the contractors and the council representatives and our neighbours.</p>	£1,921.00

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Reference: North Bermondsey	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount requested
1119054	Riverside Parents and Carers Association	Soft play Events	<p>This is an ongoing project whereby our group provides: a safe environment for under 5s to get independent and social play, as well as much needed exercise; fosters connections and combats isolation for parents; and provides occasional on-site access to representatives from groups such as NHS Oral Health & Nutrition.</p> <p>Many of the families in the area live in flats with limited play areas and/or no designated safe indoor or outdoor spaces. Our sessions provide young children with a unique opportunity to run and play in a large and safe indoor environment.</p> <p>Held in a full sized gymnasium set up with soft play equipment this area provides a large space where under 5's can exercise and explore in an unrestrained environment regardless of the weather conditions. Children can develop their gross motor skills using the various equipment set up such as climbing frames, stepping stones, hula hoops, mini-trampolines, kicking balls, running etc. Southwark has a poor record for childhood obesity and our sessions play a pivotal part in helping the young children who attend get important exercise 3 times a week.</p> <p>Our special events sessions organised throughout the year, are specifically aimed at focusing on different skills for the children, as well as the added benefit of bringing the community together. The events have various themes such as Sports Week, Oral Health Week, Health Eating Week, Be Active day Outdoors with relevant activities associated with the theme.</p>	£4,859.00
1119213	Bermondsey Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a non-for-profit community hub and successful training facility providing free courses in a City and Guilds Level 1 Food Preparation and Cookery Qualification and a Level 2 Professional Cookery Qualification for long term unemployed 16 to 40 year olds who are facing disadvantage. Our courses provide the flexibility needed and supports building life skills for our participants including improved communication skills, confidence, timekeeping and more. Trainees attend employability workshops improving their CV's and practising interview skills. Our trainees have the opportunity to participate in work experience on our food market stalls on the Blue Market and in local restaurants. Our trainees with our help are supported into employment.</p> <p>Our project is also a community hub and space, where our activities are expanded to the wider community including free healthy nutritional cooking classes targeting specific groups such as youth groups Power 2 and Active Communities. Our Senior Cooking Clubs works with older people support groups like Time and Talents to provide healthy cooking classes where older people can also build friendships and we can reduce isolation. Our gardening project works on local estates building raised vegetable growing beds, planting flower beds and planting apple trees.</p>	£5,000.00

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Reference: North Bermondsey	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1119268	Rest @ T-Rooms	Community Tea Room	<p>What: We seek to host a community tea room which reflects the diversity of needs in the community around us.</p> <p>Why: Southwark requires more community spaces for the vulnerable and on low income which provides warm food at reasonable prices and facilities to engage. We also wish to provide employment to groups which experience barriers to access and transformation of the local community in creating a nurturing environment to enable the mental, social, financial and physical aspirations of the elderly, isolated, low income, 0-5s and those dependent on Foodbank.</p> <p>How:</p> <p>Elderly: Tuesday film and lunch for the elderly 10:00 - 14:30 through engagement of local neighbourhood officers and transportation of residents to the tea room.</p> <p>Isolated families and those on low income: Wednesday Mummies Republic afterschool meal 15:30 - 19:00. To reduce food poverty and isolation through recreational fun, group homework club and family therapy sessions for families in difficult circumstances.</p> <p>0- 5 years community: Thursday stay and play café during health visitor sessions 09:30 - 13:30 inclusive of imbedded domestic abuse. Practitioners report that a large proportion of time is used by survivors of domestic abuse.</p> <p>Isolated and vulnerable: Friday Foodbank / Hourbank The provision of hospitality and a warm meal for those on low income and dependent on Foodbank.</p>	£5,000.00
1119275	Southwark Helping Hands Club	Southwark Helping Hands Club	<p>Southwark Helping Hands Club is assisting people with learning and physical disabilities. The Club aspires to help individuals to develop social skills that allow them to experience all the advantages of independency where possible. Our vision is to promote opportunities to develop various life skills, interact with volunteer helpers and other club members. For all our club members to achieve their goals through the use of educational activities, using computers, art sessions, reading and personal development in a safe, friendly and supportive environment. Southwark Helping Hands Club has over thirty members supported by over fourteen volunteers. The club offers a wide range of activities, workshops and holidays. All the activities aspire to improve the lives of the members and expand their involvement in the local community.</p>	£4,800.00

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Reference: North Bermondsey	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount requested
1119513	Construction Youth Trust	Construction into Schools	<p>Young Southwark residents risk joining the 6.5% of the working age population in the borough that is unemployed. Even in employment, 21% of residents are in low-paid jobs. The current jobs market is “hourglass shaped”, offering mostly low skilled, low paid jobs or highly skilled, highly paid jobs.</p> <p>Southwark is also home to major regeneration and development projects, in areas such as Canada Water, Elephant & Castle and Bermondsey. This will create a pipeline of training/employment for thousands of local young people over 10-15 years. The construction sector offers a huge variety of jobs (e.g. Bricklaying, Computer Aided Design, and Marketing) and bucks the hourglass jobs market trend, with plenty of middle-tier jobs and progression routes. However, awareness of these opportunities is low amongst young people and teachers/advisers. In a 2015 survey, only 3% of 18-25 year olds had actively searched for a job in construction.</p> <p>This project will connect employers involved in development with local schools (including Compass School) and their students to facilitate employer engagement activities. We will raise awareness of local training/employment opportunities in construction and provide students with employer encounters (shown to reduce chances of unemployment and increase earning). Ultimately, we aim to support young residents to successfully progress into further education, training or employment and into careers with real opportunities for progression.</p>	£7,500.00

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Reference: London Bridge and West Bermondsey	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount requested
1099984	Bermondsey Street Festival CIC	Bermondsey Street Festival	We will try and replicate the success of 2018. The Festival works hard to engage all members of the community across all ages in a one day unique street festival.	£7,000.00
1102695	Unity Music Arts Trust (UMAT)	Bermondsey Square Jazz Days	Bermondsey Square Jazz Days will run from 5th May 2019 to Sept 14th 2019. A series of 8 dates as FREE public events. The first Sunday of each month (with additional dates, Sunday 26th May , Sunday 25th August and Saturday 14th September to compliment the Bermondsey Street Festival) The Bermondsey Square Jazz Days during the summer of 2018 proved very popular with residents of Southwark and beyond. They attracted a wide demographic of all age groups. The jazz events compliment the cultural profile of the area.	£4,480.00
1113408	Southwark Explorers' Club	Southwark Explorers' Club	Since April 2018, we have continued to organise weekly activities for our members. They provide cultural, artistic and historic interest and, very importantly, continue to support friendship between a diverse group of elderly people in Southwark. We have visited local museums, art galleries, livery halls, attended concerts, the theatre and been to several live relays at East Dulwich Picturehouse. In May, we greatly enjoyed the T-shirt exhibition at the Fashion and Textile Museum in Bermondsey and went to Thorpe Bay by train on a £6 Senior Rover ticket from Fenchurch Street station. Our monthly coach outings have been to the Historic Dockyard in Chatham; Penshurst Place and Gardens; Hever Castle and Gardens; Knole; Kent Life open-air museum near Maidstone; Bletchley Park and Tunbridge Wells.	£900.00
1114602	Capoyoga	Carers Well-Being Project	The project aims to improve the quality of life of carers and young carers from a wide range of backgrounds. The activities that we are proposing for this project are: Yoga and meditation We engage carers that are at risk of social exclusion. We will encourage carers to increase participation in Sport by offering free yoga classes to promote healthier and more active lives. We base our project in research that proves that in recent years, there has been evidence of disturbingly high rates of mental ill-health among carers as well as risk of social isolation, money worries and physical health problems. With our project, we aim to alleviate some of the physical, mental and social problems that being a carer can cause. Research has indicated that physical activity can contribute to the reduction of problematic levels of anxiety and depression. A range of evidence suggests that for carers, sports and physical activities are positive features of their achievements. Our project aims to support vulnerable carers to improve their well-being and to have healthier and more active lifestyles, which in return will help them in reducing their levels of stress and anxiety, get rid of their frustration and anger and increase their self-esteem as well as in their integration in the society and development of sense of belonging to a group. The classes will be free of charge, which means that the carers will save some money while they are having fun and meeting new people.	£3,200.00

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Reference: London Bridge and West Bermondsey	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount requested
1115686	Signal Box Arts CIC	A Community Arts Centre in the Signal Box	Due to rising property values and commercial pressures our area is very short of active community space. The signal box on the railway viaduct at Bermondsey St will not be needed for signalling purposes from April 2020 and Network Rail is considering what to do with the property. Our vision is to manage it as a community arts centre which will bring cultural, creative and educational opportunities to the area and provide a venue for local activities.	£5,000.00
1117881	Exchange Theatre	Languages through Drama: bringing children together	<p>The project introduces languages to the Bridge Federation schools through drama. Each year group will attend weekly classes at no cost.</p> <p>Through this approach, the kids play and explore words without realising they are learning a language. A child has many aptitudes, which should be developed and nurtured, mainly the capacity to adapt and assimilate.</p> <p>Learning a language is a life skill: it raises the abilities to synthesise and memorise. It opens the attitude towards other cultures and ways of thinking. The project provides all the benefits from practising drama: a solid base for personal and social development and a way to enrich imagination and oral capacity.</p> <p>Drama and language together promote teamwork and reduce shyness. It helps boost self-confidence, be more tolerant and understand others better.</p> <p>Currently, the schools only teach elementary French. Some kids are familiar with French but cannot speak it (African-Francophile families chose to speak English to be part of the community, dismissing their native language). This can help them return to their roots, which parents would love to do but lack the resources.</p> <p>It will have an impact on local residents and communities, reaching 500 kids and 300 families. Pupils will be more aware of other cultures and willing to open up towards other groups. This is the kind of activity OFSTED wants to see in the MFL programme to give higher ratings to schools.</p> <p>In a Brexit era, languages will eventually make the difference.</p>	£2,720.00

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Reference: London Bridge and West Bermondsey	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1118152	20th Bermondsey Scout Group	Discovery Sailing	<p>We hope to take 18 Scouts (10.5 - 14.5) and Young leaders (14-18) and 4 Adult leaders to the Discovery Sailing Project for a weekend. During this time they will work towards the Teamwork and Team Leader Challenges and the Young Leaders will have the chance to develop their Young Leader training, developing their leadership skills as well as their own personal development. They will become crew of two sailing boats, supported by the volunteer crew. They will eat and sleep on the boats whilst also learning how to sail. The Discovery Sailing Project are a Scout Organisation offering sailing training to young people and operate as a member of ASTO, supporting young people in developing a wide range of skills. These include Self-knowledge, personal development, knowledge and learning and social skills. The Teamwork Challenge requires Scouts to work as a team, take on a range of roles, try activities they never tried before, lead a Scout Team during an event, help their peers and work as part of a team to achieve a goal. This weekend will give them a chance to undertake these challenges whilst also working outside their own comfort zones in a safe and supportive environment. None of the young people in this group have sailed previously so this will give them all a new and challenging experience. Our Young Leaders have all come through the group and we hope the skills developed by the Scouts during this project will enable them to move on to become Young Leaders in the future.</p>	£2,907.50
1119103	Future Challenges - UK	Basket Ball Community Club	<p>Sadly, on the Willow Walk Estate & its surrounding areas recently, there has been several stabbings in recent months and violent crime among young people is on the increase. Many teenagers are unsupervised & unproductive; some of these young people are often just hanging around & get drawn into gang rivalry and cultural conflicts. Kids are struggling for direction and positive opportunities are needed to help keep them safe and on-track. Although many of the parents of these young people have developed relationships across different faith and ethnicities, there is a real need for the younger generation to embrace these relationships in order to improve community cohesion and dispel the tensions that presently exist</p> <p>4 x per week, the programme will use the vehicle of BASKET-BALL to empower youth resident in WILLOW WALK Estates & its surrounding areas by providing local sport facilities with a life skills program that promotes positive values, healthy habits & strengthens working relationships between residents of different ethnicities and education, resulting in real life power, on and off the court . We believe that to overcome the barriers people face in the community we need to work together to develop a culture of sharing; people becoming active and taking the lead, people being asked for their ideas and to take part in projects.</p> <p>Long term, we hope this programme will have a positive impact on education, reduce crime and help develop community cohesion.</p>	£2,800.00

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Reference: London Bridge and West Bermondsey	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1119130	Tabard Growers	Stompie Garden Open Day	<p>Stompie is a publicly accessible plot, with its own tank, used by artists and tourists. The tank is now a well-known landmark, and is a hot spot for artists, who regularly paint the tank in an array of dazzling colours. From 2017, a small team has been looking after the tank, inside and out. The hard work of a small group of volunteers has transformed the Stompie Garden from a jungle into a community space.</p> <p>We would like to celebrate the hard work of the green fingers who involved all year around in the works of the Stompie Garden. We'll open the tank and show to the public inside and out with a guide. Till the adults involving in the tank tour, we would like to entertain the small kids with activities. We'd like also invite other community groups.</p>	£1,000.00
1119168	Southwark Street Pastors	Southwark Street Pastors	<p>Southwark Street Pastors are trained volunteers, who engage with the vulnerable and disadvantaged through a well developed network of relationships with the police, local council, statutory and voluntary organisations. In this ward, we patrol in teams of 3 to 5, operating from Haddon Hall Baptist Church across from Tower Bridge Road, through to Tower Bridge via the side streets to London Bridge Station and adjacent areas, as trained street pastors we engage sensitively with a view to caring, listening and helping during the night time economy. We give foil blanket in wintery weather to the homeless, we buy food for the hungry, we give flip flops, water and lollipops. We collect and bin broken bottles and glasses left by clubbers. We engage conversational and appropriately with the distressed and disadvantaged. We attend to the inebriated offering water and physical help.</p>	£1,042.00
1119565	Complaints Choir	Complaints Choir	<p>The Complaints Choir is a project that brings people together to sing and share thoughts outside of any constrains of formal gathering. It is not political statement but nevertheless it will literally give a voice to people to express their thoughts in a constructive way. The choir will be an exercise in making people comfortable to survey their needs in their neighbourhood as well as looking at the wellbeing of individuals. The Complaints Choir is an open call concept by the duo artists Tellervo and Oliver and it will be delivered by choir lead singer Greg Staw at St Hughs. The workshop sessions will take place at St Hughs with two final presentations. The first it will take place at St Hughs and it will joined the exhibition at the Balin House Estate that neighbours it.</p> <p>The second event will take place at Tate Exchange as part of a weekend workshop of different activities including a Complaints Choir from other neighbours.</p>	£1,800.00

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Reference: London Bridge and West Bermondsey	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1119344	Living Bankside	Grand Iftar 2019	<p>The Grand Iftar is an annual event which is held in the month of Ramadan.</p> <p>The first Grand Iftar was held at St George the Martyr Church on 4th July 2016 and subsequently on 15th June 2017 at Southwark Cathedral (crucial in the aftermath of the London Bridge Attacks).</p> <p>The Grand Iftar (2018) was held on 3rd June 2018 and marked one year since the tragic London Bridge attacks.</p> <p>The Grand Iftar (2019) aims to:</p> <ol style="list-style-type: none"> 1) Bring together people from different backgrounds to promote community cohesion and unity 2) Promote local art and local talent. 3) Promote a sense of belonging to Bankside/London Bridge and Southwark for all local residents but especially among marginalised and disadvantaged minorities. <p>Like previous Grand Iftar's it will remember the London Bridge Attacks but it will look to the future and act as a positive legacy.</p>	£1,960.00

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Reference: Old Kent Road (North)	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1109606	Big Local South Bermondsey Partnership/ Big Local Works	Child sexual exploitation awareness project	The aim of the proposal will be to provide engagement opportunities for the young people who are participating in the Community Council Funded, Child Sexual Exploitation Awareness Project in this current year. We will explain why it is important to carry onto a phase 2 of this work in the Old Kent Road Ward.	£3,500.00
1116045	Millwall Community Trust	Millwall Walking Sports Club	Millwall Community Trust will provide the free weekly "Millwall Walking Sports Club" for older people to help reduce stress, isolation and loneliness. The successful programme which has run for over two years in Southwark, provides older people the opportunity to meet new people and supports those with two or three limiting long-term health conditions, including dementia, mental health, limited mobility or those who are inactive to stay fit and healthy. Before and after each activity, the groups sit down together, and some may have open and individual conversations with refreshments along with reading and discussing various latest news stories from the Southwark News newspaper. The sports activities are delivered by having fun, stimulating the mind, developing balance and hand-eye coordination and offer an opportunity for people that would not otherwise be active and may feel disengaged with the local community. Activities include bowls, cricket, bowling, golf and other fun games using throwing, catching and striking the ball techniques. The weekly sessions also help takes away the stress for those living with someone who has dementia for the time they are at the weekly Millwall Walking Sports Club which is often all they might normally get that week. We will also be introducing weekly telephone conversations to keep regular communication going and help reduce people feeling lonely away from the sessions. The sessions are open access and we accept referrals.	£5,344.00
1111111	St. Helena & Oldfield T & R A	Active Lifestyles (Tai Chi, Pilates and Zumba Classes)	We know how beneficial exercise is for health and wellbeing. Tai Chi is low impact so is good for people with arthritis. It relaxes the mind and body and improves balance, flexibility, strength and co-ordination. It can be done seated for less mobile people. Pilates is a more active type of exercise. It is a refreshing mind and body workout. It develops a strong core, flat abdominals and strong back. Pilates teaches correct and effecting breathing. Learning to breathe properly can reduce stress. Pilates conditions the whole body. It can be used in physical therapy to rehabilitate injuries. Zumba is very fast, energetic and joyous and gives a great workout. The Tai Chi is during the day and has a core group who have been attending regularly. The Zumba is during the evening and the Pilates has been asked for and will be set up during the evening to encourage people who are at work. We are eager to have these classes in our community centre to reduce isolation by getting people to engage and meet other people.	£4,760.00

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Reference: Old Kent Road (North)	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1118896	Astley & Coopers TRA	Family funday	<p>Summer Fun day events are a great way of bringing people together. This proposal will develop our project by bringing on the strong relationship between our residents; our aim is to promote the event through bringing of tenants and residents together. Also, to promote facilities for recreation and to encourage a community spirit Our resident has benefited from this last year Fun day event that hold on Saturday 14th of July 2018, involve different activities for children and adults attract more than 250 people in the estate including vulnerable. The measurement of our achievement will be done through the evaluation which was being carry out on the Fun day event to see how successful of the promotion plan where been judged by attendance during the event. There were feedback forms handed out and completed on the day from which we would measure on how effective the advertising campaign was successfully. A regular newsletter and produce leaflets advertising of all our event which we post through every door step on the estate ensuring that everybody knows what's happening on the estate. There was a review meeting post-event with committee team performed further evaluation. "Resident from the estate comments that: "The family fun day is always a great event that bringing people. Together in diverse "It's wonderful to see the community coming together - the more people the better</p>	£3,700.00
1118927	Southwark Muslim Forum	Southwark Eid-UI-Fitr 2019 at Burgess Park	<p>Southwark Eid at the park is a fun fare and family event organized by the Southwark Muslim forum in collaboration with partners across both Muslim and non-Muslim communities within the Southwark. The event aimed at celebrating the Muslim Eid festival in a vibrant and happy environment with the objective of bringing together communities, fostering love and unity. activities will include, the special Eid prayer, picnic/barbecue, provision of the fun ride and different activities, interfaith presentations, exhibition by different groups, organisations and communities within Southwark, games and competition for children and provision of information centre to cater for all participants encouraging people of all ages, faiths (and non-faith), gender, the event venue will be planned to reflect all activities including provision of the stall to individuals and organizations that would like to showcase their product and services.</p>	£11,946.36

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1119219	Bermondsey Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a non-for-profit community hub and successful training facility providing free courses in a City and Guilds Level 1 Food Preparation and Cookery Qualification and a Level 2 Professional Cookery Qualification for long term unemployed 16 to 40 year olds who are facing disadvantage. Our courses provide the flexibility needed and supports building life skills for our participants including improved communication skills, confidence, timekeeping and more. Trainees attend employability workshops improving their CV's and practising interview skills. Our trainees have the opportunity to participate in work experience on our food market stalls on the Blue Market and in local restaurants. Our trainees with our help are supported into employment.</p> <p>Our project is also a community hub and space, where our activities are expanded to the wider community including free healthy nutritional cooking classes targeting specific groups such as youth groups Power 2 and Active Communities. Our Senior Cooking Clubs works with older people support groups like Time and Talents to provide healthy cooking classes where older people can also build friendships and we can reduce isolation. Our gardening project works on local estates building raised vegetable growing beds, planting flower beds and planting apple trees.</p>	£5,000.00
1119362	Bede House Association	Buzz on the B& B (Boname & Bramcote) 2019	<p>We have engaged with young people (41 in total with a core group of 12) to help encourage them to making their estate a safer place to live. We have gained the trust of both parents and the young people. This coming year we would like to build on that trust and help encourage the young people and their parents to be more involved with the residents who manage the Tenants and Residents Association. The project aims to engage with groups of young people in their environment and enable them to positively participate in the community where they live. The youth workers will continue to work with the young people on the streets, in clubs and settings outside of Bermondsey, in both discussion and diversionary activities, personal, social and educational developmental opportunities, with a strong emphasis on safety and community and increase their emotional resilience and wellbeing. With previous funding we worked intensively with 41 young people to help change attitudes and reduce antisocial behaviour. Parents and young people have told us that the project is still needed; young people who want opportunities to learn and aspire are held back by fears of police stereotyping, peer pressure bullying and being forced into gangs. We will work more closely with the community, in particular the members of the TRA, who welcome our participation on the estate. Our aim is to cement our work in the changing the attitudes of core groups of young people who can then inspire future generations.</p>	£8,195.00

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Reference: Old Kent Road (North)	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1119594	Muslim Association of Nigeria (MAN) youth group	Summer Camp 2019	Summer camp is one of MAN youth's annual events that aims to bring people together to bond with one another and learn about their religion. It also aims to promote facilities for recreation and to encourage a community spirit. Our young people have benefited from this the summer camp held last year that was held from the 23rd-28th August 2018. This involved workshops, games, activities, lectures and much more for the young individuals. Typically we have around 80+ attendees but the more the better.	£6,300.00
1108451	Millwall For All Trust	1st Touch Football Project	Millwall for All aim to deliver 1 two hour sessions for 40 boys and girls who are aged between 8-15 years. The sessions will be delivered by both male female coaches from Millwall's football club; this will ensure that all participants have gender specific role model. The project will focus on engaging young from Astley Cooper. The session will focus on a different age group. Astley Cooper's session will be aimed at 8-11 year olds for the first hour 12 -15 years old for the second hour. By the end of this project we aim to have increased the participation levels of all young people interested in playing football as well as ensure access to opportunity for young people wanting to develop in football. Providing structured football sessions will help young people's health and wellbeing. Sports improve physical and mental health and help lower obesity rates. Our activity programme will also enable all young people to build their confidence and skills, also there has been a significant and rising problem with drugs and knife crime, including stabbing, this project will ensure that young people have positive role models and move them away from gangs.	£6,336.00
1111159	Millwall For All Trust	1st Touch Football Project	Millwall for All aim to deliver 1 two hour sessions for 40 boys and girls who are aged between 8-15 years old. The sessions will be delivered by both male female coaches from Millwall's football club; this will ensure that all participants have gender specific role model. The project will focus on engaging young from Avondale Square. The session will focus on different age groups. Avondale Square's session will be aimed at 8-11 year olds for the first hour 12 -15 years old for the second hour. By the end of this project we aim to have increased the participation levels of all young people interested in playing football as well as ensure access to opportunity for young people wanting to develop in football. Providing structured football sessions will help young people's health and wellbeing. Sports improve physical and mental health and help lower obesity rates. Our activity programme will also enable all young people to build their confidence and skills, also there has been a significant and rising problem with drugs and knife crime, including stabbing, this project will ensure that young people have positive role models and move them away from gangs.	£6,336.00

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Reference: Rotherhithe	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1102858	What's on in Rotherhithe Group	Reprint Rotherhithe Map	The popular Southwark sponsored map since 2006 has been revised & reprinted several times to meet demand. We are now updating in line with huge local developments and reprinting ready for 2020. The map shows venues of interest, travel links and restaurants to benefit local, national and international visitors as well as the venues.	£1,516.00
1103274	What's on in Rotherhithe Group	Leaflet for "Rotherhithe-- -history, art & the Mayflower walk	This self guided walk showcases the hidden gems of Rotherhithe to new & existing residents and national and international visitors for the foreseeable future.	£1,500.00
1115275	London Bubble Theatre Company Ltd	Bubble Creative Volunteers (BCV)	<p>33% of adults say they often or very often feel lonely (BBC, 2018) It may be more: 92% of respondents to a Campaign to End Loneliness survey think people are scared to admit they are lonely.</p> <p>BCV encourages people to volunteer at Bubble (including supporting others to take part in a variety of activities). We aim to recruit people of all ages who might be, or are, lonely and allow them to reengage with people at their own pace. It has grown organically, the word spread through formal and informal partnerships, referrals and joint projects.</p> <p>We purposely don't describe it as an antidote to loneliness, but one of the main outcomes is exactly that: to combat what the press have called the UK's 'loneliness epidemic' and the Mental Health Foundation a 'silent plague'.</p> <p>Robust evidence indicates that loneliness increases the risk of mental and physical illnesses and premature mortality. The UK is the world's first country to appoint a Minister for Loneliness and Southwark BC have included 'finding ways of combatting loneliness amongst people of all ages' in their 2018 Plan.</p> <p>Bubble's values are rooted in drawing people together. Connection is integral to our art. We celebrate community, and encourage care and generosity - powerful antidotes to chronic isolation and a vaccination against future loneliness.</p> <p>We are asking you to contribute one day's wages a week to extend the vital role of Volunteer Coordinator.</p>	£6,310.00
1116186	Canada Estate TRA	Day trip to the coast	<p>To take the families and children and the older tenants out for a day to the coast</p> <p>Helping to make new friends and having a day out which helps build a better understanding of your neighbours and their culture</p>	£745.00
1116220	Rotherhithe Festival Group	Rotherhithe festival	To bring the community out for a day of free children's rides free music on stage information stalls the mayors common good trust the big local stalls the festival helps to build a better community by bringing all different cultures together for a day of community fun helping to bring a sense of belonging and being part of where you live.	1116220

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Reference: Rotherhithe	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1116333	St. Helena & Oldfield T & R A	Active Lifestyles (Tai Chi, Pilates and Zumba Classes)	<p>We know how beneficial exercise is for health and wellbeing. Tai Chi is low impact so is good for people with arthritis. It relaxes the mind and body and improves balance, flexibility, strength and co-ordination. It can be done seated for less mobile people. Pilates is a more active type of exercise. It is a refreshing mind and body workout. It develops a strong core, flat abdominals and strong back. Pilates teaches correct and effecting breathing. Learning to breathe properly can reduce stress. Pilates conditions the whole body. It can be used in physical therapy to rehabilitate injuries. Zumba is very fast, energetic and joyous and gives a great workout. The Tai Chi is during the day and has a core group who have been attending regularly. The Zumba is during the evening and the Pilates has been asked for and will be set up during the evening to encourage people who are at work. We are eager to have these classes in our community centre to reduce isolation by getting people to engage and meet other people.</p>	£4,760.00
1118400	ParentSkills2Go CIC (LPW)	Easter/summer holiday activities for families with children	<p>The focus of this project is to learn about healthy eating skills development, social inclusion and tackling food insecurities for families with young children (under 10). To provide volunteering opportunities for those who want to get into training and employment. Aim: to deliver the project for one week in Easter and three weeks in the summer. The activities will include arts and crafts, music workshops, games, sports, trips, etc. The consultations with support workers in schools and children's centres as well as the feedback from parents, carers and children during the last holiday activities in 2017 & 2018 highlighted the need to have more holiday provision where children and their parents can have an avenue to engage in social activities with a healthy lunch. Restructuring and cuts to children's centres have also led to increase in child safety referrals with more families being socially isolated and an increase in demand for support from faith and community groups. Statistics show that primary schools have about 40% high free school meal ratio and there are very few breakfast clubs as well as a lack of safe local play areas Little People's World under the umbrella of Parentskills2go has had success in reaching families that need extra support and will be therefore will be linking up with new projects to do collaborative work, which includes the food bank schools and Children's Centres</p>	£4,160.00

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Reference: Rotherhithe	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1118497	Breath of Life	Breath of Life	<p>People with breathing difficulties who do special exercises and singing benefit in different ways. We are taught to breathe all the breath out, then let go so that the air comes in on its own. This means they are no longer fighting for each breath so the stress and panic which comes from feeling you cannot breathe can be managed. Singing gives a feel good factor and could reduce the impact of anxiety and depression. The air in this part of London is polluted because of the amount of traffic. The medical faculty are talking about social prescribing. We have realised that we offer a form of holistic medicine which could help. We realise that the acute conditions being treated must have the required drugs to enable them to be kept at bay but we also believe that if a person has the ability to feel better about themselves and their condition, they will get more benefit from the drugs prescribed. Instead of being a passive patient they will become an interactive patient taking a certain amount of control over their condition - a feel good factor gets involved with the drugs. Singing together as a group is a fun, social activity which is as important as the physical wellbeing it produces because it takes away the loneliness.</p>	£5,520.00
1119095	Albion Street Steering Group	Albion Street Summer Party	<p>The prolonged delays in progressing the new build on the former library / civic centre site and the two derelict public houses continue to prove a challenge to the formulation of a cohesive local community and the viability of the trading units.</p> <p>The annual Albion Street summer party provides an opportunity for people to network and raise the profile of the street and its immediate area.</p> <p>2019 is likely to see a number of significant building projects in the street. It is therefore vital that measures are taken to minimise the impact of these works on trade and quality of life.</p>	£700.00
1119230	Bermondsey Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a non-for-profit community hub and successful training facility providing free courses in a City and Guilds Level 1 Food Preparation and Cookery Qualification and a Level 2 Professional Cookery Qualification for long term unemployed 16 to 40 year olds who are facing disadvantage. Our courses provide the flexibility needed and supports building life skills for our participants including improved communication skills, confidence, timekeeping and more. Trainees attend employability workshops improving their CV's and practising interview skills. Our trainees have the opportunity to participate in work experience on our food market stalls on the Blue Market and in local restaurants. Our trainees with our help are supported into employment.</p> <p>Our project is also a community hub and space, where our activities are expanded to the wider community including free healthy nutritional cooking classes targeting specific groups such as youth groups Power 2 and Active Communities. Our Senior Cooking Clubs works with older people support groups like Time and Talents to provide healthy cooking classes where older people can also build friendships and we can reduce isolation. Our gardening project works on local estates building raised vegetable growing beds, planting flower beds and planting apple trees.</p>	£5,000.00
Reference:	Name of Group	Name of your project or	What your project is trying to achieve	Amount for

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Rotherhithe		idea		allocation
1119238	Bermondsey Artists' Group managing CGP London	Allotment Club for Disadvantaged Families living in North Bermondsey Ward & Rotherhithe Ward	<p>A programme of free weekly drop-in gardening sessions for local families with pre-schoolers living on the social housing estates surrounding Southwark Park delivered in our recently refurbished Community Allotment located in the gallery's courtyard. Parents and carers will work with their children to grow, harvest and eat fresh fruit and vegetables learning broader concepts of healthy living.</p> <p>As a result of winning the local popular vote, we were awarded capital funding from Tesco Bags of Help and secured additional capital Cleaner Greener Safer funding to upgrade the Community Allotment to provide better access to younger gardeners, prams, buggies and wheelchairs. These works are now complete in readiness for the 2019 season. The project requires no time to set up once funding has been secured.</p> <p>The project responds the key health and social issues within the local community including high child obesity and income deprivation affecting children. Its benefits also reflect the needs of a highly diverse community in a mass of high density housing and is responsive to the need for food education but also the impacts on physical and mental health, such as isolation, often associated with living in the inner city.</p> <p>There is strong proven demand for the project and the 8 previous seasons have consistently attracted over 40 families. Core funding is specifically for our art programme and this application will enable us to deliver the popular allotment sessions.</p>	£4,719.00
1119363	Central Southwark Community Hub	Holiday Activity Club	<p>The project is set to tackle Holiday Hunger, deliver healthy eating skills development, social inclusion and tackling food insecurities for families with young children (under 10). To provide volunteering opportunities for those who want to get into training and employment.</p> <p>Aim: To deliver the project at 4 different venues, following a successful round of clubs during the Easter and Summer Holidays in 2018. The activities will include arts and crafts, music workshops, healthy cooking, games, sports, trips, etc.</p> <p>The consultations with support workers in schools and children's centres as well as the feedback from parents, carers and children during the last holiday activities in 2017 &</p> <p>2018 highlighted the need to have more holiday provision where children and their parents can have an avenue to engage in social activities with a healthy lunch.</p> <p>Restructuring and cuts to children's centres have also led to increase in child safety referrals with more families being socially isolated and an increase in demand for support from faith and community groups.</p> <p>Central Southwark Community Hub has had success in reaching families that need extra support and therefore will do collaborative work, which includes continued but enhanced work with Little Peoples World and Parent Skills to Go .</p>	£3,500.00
Reference:	Name of Group	Name of your project or	What your project is trying to achieve	Amount for

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Rotherhithe		idea		allocation
1119385	Illuminate Rotherhithe	Illuminate Rotherhithe 2019	<p>Illuminate Rotherhithe began in 2016 as a project to mark the local historical significance of the sailing of the Mayflower. The event has grown from one evening to five days in response to the social difficulties caused by economic divides on the peninsula in the context of major new development. The events are designed to promote access and participation for all and to encourage collaboration between all our multi-faceted communities. Sharing stories about our own local histories beyond the conventional history of Rotherhithe from books was part of the success of last years' events. The school ceildh workshops brought seven local primary schools together to dance and sing, and then the children's families danced the same dances together. Building on from the success of 2017, and the hugely enjoyable schools' workshops which have just taken place in October 2018, we propose to raise funds again to pay for the schools' ceildh workshops, the School's Grand Ceildh, and the free family barn dance at Mayflower Hall.</p>	£8,500.00
1119626	The Friends of Southwark Park	Southwark Park 150 years	<p>Southwark Park opened 150 years ago and this event celebrates opening the park for everyone to enjoy. I can only select 1 ward using the only form however the event will benefit many wards. In contrast to previous events, the focus is not only celebrating park heritage but looking to the future with a focus on children and youth in a ward of rapid change and population growth. Rotherhithe Ward is comprised of 40% council owned properties, the ward is subject to a high level of gang related activity, and free fun fair rides will help bring children & youth into our park bringing our community together to celebrate a fantastic London park. Limited free food & refreshments for children will help to include those who cannot afford to pay.</p> <p>6 bands will play on the bandstand and, in addition, our "community stage" event will help include a diversity of musicians and artists. The Mayflower Hall / Canada Estate Hall will be available for rehearsals to support new artists. By increasing participation in our park we hope children & youths will be interested in the other activities the park has to offer including sports, nature & art. Other organisations will be invited to join in and promote their activities including the emergency services. The event builds on the model of the successful Rotherhithe Festival which delivers a very popular festival very economically. We hope companies in the area including British Land, TESCO and Golden Tours will support this event.</p>	£12,350.00

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Reference: Rotherhithe	Name of Group	Name of your project or idea	What your project is trying to achieve	Amount for allocation
1119705	The Friends of Southwark Park	Southwark Park Summer 2019 Activities For All	Summer 2019 activities programme & active popup sports equipment to make a difference especially to the lives of children and youths in the neighbourhood, to involve more children and youths in health positive sports activities during the summer holiday. Organised activities help children and youths stay out of trouble and keep active. Provision of equipment to support activities free of charge encourages children, youths and families to be active, be outside and enjoy their park. Although funds have been provided in previous years to purchase equipment there is currently very little available. We aim to purchase equipment and ensure this is securely kept for reuse in subsequent years.	£5,000.00
1119790	Mayflower Tenants Association	Mayflower community coach trip to Margate	Our community coach trip to Margate aims to promote inclusion, community, combat isolation and involve young people - a day out to seaside for everyone bringing our community together. We will include a visit to Turner Contemporary Gallery.	£750.00
1119836	Mayflower Tenants Association	Mayflower Summer Activity FUNDAYS 2019	Six fundays over the summer 2019 school holidays: Make some noise - stage / singing / karaoke / dance / free food. With a high level of anti-social behaviour, public nuisance and crime in the ward we are trying to do whatever we can to help.	£3,600.00
1119906	Brigitte Hart	Sonic Art Trail (Stave Hill Ecological Park)	The aim of this project is to update and semi-permanently run a sonic art trail for public accessibility in a small area of Stave Hill Ecological Park and have a launch event night in its SHED space. Rotherhithe residents will benefit from a unique artistic experience in the park as well as curated talks, workshops and performances. In May 2018, artists Brigitte Hart and Alexandra Spence were invited to create a site-specific trail for a weekend festival in the park celebrating birdsong from around the world, 'Soundcamp/Reveil.' Since then they have been given the go-ahead by S.T.E.P to install the trail semi-permanently as an artistic attraction. The trail uses poetry and sound and responds to seven sites the artists chose drawing on the history of the park as a former dock and its new life as an eco-park. They wish to use a local artist to create a small sculpture for each site which incorporates the poetry text. Inspired by treasure hunts, the idea is for resident park-goers to stumble on a creative intervention placed in the park which can simply be admired or one can follow prompts to a website with more sounds and poetry. The launch night aims to bring residents together to hear talks about the park's former history, how sites can be creatively reimagined, and host a workshop for children in creating imaginative 'trails' that explore sound as well as hear unique performances from local sound artists and musicians who work primarily with nature.	£1,170.00

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Reference: South Bermondsey	Name of your group	Name of your project or idea	What project is trying to achieve	How much requested
1102712	Unity Music Arts Trust (UMAT)	The Bermondsey Music Galas	<p>The Bermondsey Music Galas 2019 will be five free public events staged in the Bermondsey Blue Market space in partnership with Blue Bermondsey BID.</p> <p>The five dates will be the first Saturday of each month from 12noon till 5pm. Starting 4th May ending 7th September 2018.</p> <p>The aims of the project are to help raise the cultural profile of the area, attract a wider demographic and boost footfall. Also to offer a wide music programme to community performance groups, choirs, jazz and blues collectives. UMAT has successfully staged 8 events in Bermondsey Square SE1 3UN throughout the summer of 2018 which attracted a broad range of people from across the borough of Southwark and beyond. The Blue Market Square has the capacity to re-invent itself, attract new private investment and meet the needs of the younger residents moving into the area.</p>	£4,480.00
1110417	Millwall For All Trust	1st Touch Football Project	<p>Millwall for All aim to deliver 2 two hour sessions for 80 boys and girls who are aged between 8-15 years old across two sites. The sessions will be delivered by both male and female coaches from Millwall's football club; this will ensure that all participants have gender specific role models. The project will focus on engaging young people from the Four Squares estate. Each session will focus on a different age group. Our first session that will last for 2 hours is aimed at 8-11 year olds and the second session that will also last for 2 hours will be aimed at 12-15 years old. By the end of this project we aim to have increased the participation levels of all young people interested in playing football as well as ensure access to opportunity for young people wanting to develop in football.</p> <p>Providing structured football sessions will help young people's health and wellbeing. Sports improve physical and mental health and help lower obesity rates. Our activity programme will also enable all young people to build their confidence and skills, also there has been a significant and rising problem with drugs and knife crime, including stabbing, this project will ensure that young people have positive role models and move them away from gangs.</p>	£12,672.00
1114169	Longfield TRA	Longfield Fun Day	<p>It's a family fun day that we celebrate each August. The benefits from this event are that all nationalities can get together and enjoy their time with their children. Our goal is to increase the integration between residents and avoid isolation. Everyone is welcome and hopefully they can make new friends.</p>	£2,500.00

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Reference: South Bermondsey	Name of your group	Name of your project or idea	What project is trying to achieve	How much requested
1115952	Millwall For All Trust	1st Touch Football Project	<p>Millwall for All aim to deliver 1 two hour sessions for 40 girls who are aged between 8-15 years old. The sessions will be delivered by both male and female coaches from Millwall's football club; this will ensure that all participants have different types of role model. The project will focus on engaging young people from local schools as well as participants from Harris academy Bermondsey. The session will focus on a different age group; Harris Academy's session will be aimed at 8-11 year olds for the first hour 12 -15 years old for the second hour. By the end of this project we aim to have increased the participation levels of all young girls interested in playing football and we have a direct link with the Millwall lionesses team as well as ensure access to opportunity for young girls wanting to develop in football.</p> <p>Providing structured football sessions will help young people's health and wellbeing. Sports improve physical and mental health and help lower obesity rates. Our activity programme will also enable all young girls to build their confidence and skills, also there has been a significant and rising problem with drugs and knife crime, including stabbing, this project will ensure that girls have positive role models and move them away from gangs.</p>	£6,336.00
1116253	Setchell T.R.A.	Low Cost community yoga classes	<p>CLASS 1) "Young at Heart Yoga" has been up and running on Mondays at the TRA Hall for the past 3 years. The main focus of the sessions is on improving mobility and balance to prevent falls. The younger participants have taken up yoga - at the recommendation of their Doctor's - for specific health reasons. The charge was £1 for the class. Unfortunately because previous Neighbourhood grants have only provided a third of money required after 4 months the price rises to £5 and lower income participants have to drop out until the funding comes through once again. Yoga is most effective when people do it regularly so this is a source of sadness to participants and motivated some to come to the council offices to talk to Pauline Bonner about this on 12/10/18.</p> <p>CLASS 2) POST-NATAL YOGA: I have 3 children and know how your own health gets side-lined when attending to babies needs. This class aims to ease physical ailments caused by some pregnancies. Focus is strengthening core & lower back. Feedback from participant's suggest the class is also effective in countering the onset of postnatal depression through nurturing self and equally important providing the opportunity to socialise. This is the only postnatal class in Southwark where babies are allowed to stay after they start crawling. Toddlers can attend until they start nursery or up until 3 years of age.</p>	£6,121.00

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Reference: South Bermondsey	Name of your group	Name of your project or idea	What project is trying to achieve	How much requested
1119255	Bermondsey Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a non-for-profit community hub and successful training facility providing free courses in a City and Guilds Level 1 Food Preparation and Cookery Qualification and a Level 2 Professional Cookery Qualification for long term unemployed 16 to 40 year olds who are facing disadvantage. Our courses provide the flexibility needed and supports building life skills for our participants including improved communication skills, confidence, timekeeping and more. Trainees attend employability workshops improving their CV's and practising interview skills. Our trainees have the opportunity to participate in work experience on our food market stalls on the Blue Market and in local restaurants. Our trainees with our help are supported into employment.</p> <p>Our project is also a community hub and space, where our activities are expanded to the wider community including free healthy nutritional cooking classes targeting specific groups such as youth groups Power 2 and Active Communities. Our Senior Cooking Clubs works with older people support groups like Time and Talents to provide healthy cooking classes where older people can also build friendships and we can reduce isolation. Our gardening project works on local estates building raised vegetable growing beds, planting flower beds and planting apple trees.</p>	£8,000.00
1119320	Rennie & Manor JMC	Fitness & self defence programme	<p>Fitness - will address obesity levels in the area, will promote well being, encourage people to get out to meet new people & have fun getting fit and increasing energy/fitness level</p> <p>Self defence - increased worry about phone snatches, robberies, knife attacks in the area have made more of the community feel unsafe. We want people to feel empowered, have confidence & know how to deal with a conflict if it takes place</p>	£5,000.00
1119336	Manor Estate TRA	Street Manors - Creative Expression	<p>We have identified that many young people under 25 are struggling with finding groups to identify with. Home issues, environment issues all put pressure on these youths.</p> <p>We want to give these young people a safe space to express themselves through graffiti art & creative writing workshops and build on what they want from the community.</p>	£3,450.00

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Reference: South Bermondsey	Name of your group	Name of your project or idea	What project is trying to achieve	How much requested
1119487	Construction Youth Trust	Construction into Schools	<p>Young Southwark residents risk joining the 6.5% of the working age population in the borough that is unemployed. Even in employment, 21% of residents are in low-paid jobs. The current jobs market is “hourglass shaped”, offering mostly low skilled, low paid jobs or highly skilled, highly paid jobs.</p> <p>Southwark is also home to major regeneration and development projects, in areas such as Canada Water, Elephant & Castle and Bermondsey. This will create a pipeline of training/employment for thousands of local young people over 10-15 years. The construction sector offers a huge variety of jobs (e.g. Bricklaying, Computer Aided Design, Marketing) and bucks the hourglass jobs market trend, with plenty of middle-tier jobs and progression routes. However, awareness of these opportunities is low amongst young people and teachers/advisers. In a 2015 survey, only 3% of 18-25 year olds had actively searched for a job in construction.</p> <p>This project will connect employers involved in development with local schools (including City Academy) and their students to facilitate employer engagement activities. We will raise awareness of local training/employment opportunities in construction and provide students with employer encounters (shown to reduce chances of unemployment and increase earning). Ultimately, we aim to support young residents to successfully progress into further education, training or employment and into careers with real opportunities for progression.</p>	£7,500.00
1119728	Bethel	Bethel Homeless Outreach Project	<p>The project will address the provision of hot food for homeless people and a short stay venue to relax and change. It will also serve as an avenue where they can receive advice on health issues, drugs & alcohol, bereavement.</p>	£5,156.00
1120229	Nigeria National Community Group	Youth engagement; Care of elderly; Cultural day; Summer bond	<p>As a community group, our activities for the youth are important in teaching them about culture and how to be a good citizen in the society. This is also linked to knife crime awareness where we invited stakeholders in the community to speak on the causes and remedies to prevention of knife crime in the community. We held summit on crime knife on 5th of May 2018, where Councillors from South Bermondsey, neighbourhood police and service providers were in attendance. Care of our elderly in the community where they are able to interact whilst teaching them their local and healthy living. Organise cultural day where community showcase their rich cultural display and summer bonding at the seaside. Above are intended to build community cohesion within the minority group in the community.</p>	£5,050.00

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Reference: Surrey Docks	Name of your group	Name of your project or idea	What project is trying to achieve	How much requested
1116012	Millwall Community Trust	Millwall Walking Sports Club	<p>Millwall Community Trust will provide the free weekly “Millwall Walking Sports Club” for older people to help reduce stress, isolation and loneliness. The successful programme which has run for over two years in Southwark, provides older people the opportunity to meet new people and supports those with two or three limiting long-term health conditions, including dementia, mental health, limited mobility or those who are inactive to stay fit and healthy. Before and after each activity, the groups sit down together, and some may have open and individual conversations with refreshments along with reading and discussing various latest news stories from the Southwark News newspaper. The sports activities are delivered by having fun, stimulating the mind, developing balance and hand-eye coordination and offer an opportunity for people that would not otherwise be active and may feel disengaged with the local community. Activities include bowls, cricket, bowling, golf and other fun games using throwing, catching and striking the ball techniques. The weekly sessions also help takes away the stress for those living with someone who has dementia for the time they are at the weekly Millwall Walking Sports Club which is often all they might normally get that week. We will also be introducing weekly telephone conversations to keep regular communication going and help reduce people feeling lonely away from the sessions. The sessions are open access and we accept referrals.</p>	£5,488.00
1116104	Soundcamp	Soundcamp 6 at Stave Hill Ecological Park	<p>Soundcamp is a microfestival at Stave Hill Ecological Park on International Dawn Chorus Day. It aims to give a wide and varied local audience the chance to experience the dawn chorus in their own neighbourhood.</p> <p>Now over 30 years old and designated as an Urban Nature Reserve in 2018, Stave Hill is the UK's first urban ecology park, created from scratch on rubble in-fill and still quite under-recognised, even by local residents.</p> <p>This event celebrates the park's biodiversity over a weekend in early May, and gives visitors a chance to find out more about its pioneering history, and its lessons for creating sustainable urban neighbourhoods.</p> <p>Soundcamp is an annual event with strong local support over 5 years. It creates memorable ways for a varied audience to explore the park through a mix of workshops, walks, performances and art works. There are activities for families with young children (like last year's games with brightly coloured bird hats by Kaylene Kau), daybreak sound walks for nature enthusiasts, and a chance to camp out in the Stave Hill meadow with delicious food, evening performances and a bat walk.</p> <p>We work closely with local organisations to involve specific groups, including those facing barriers to access. We expect that Arts Council England will support 3 new commissions, aimed at both local and wider audiences. As in past years, we are asking for Southwark's support to help create a diverse and varied program.</p>	£1,950.00

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Reference: Surrey Docks	Name of your group	Name of your project or idea	What project is trying to achieve	How much requested
1118343	SLM Community Leisure Charitable Trust	S'up with Stand Up Paddleboarding	<p>'S'up with Stand Up Paddleboarding' aims to engage more young people and increase the awareness and accessibility of a sport that requires a less technical introduction in comparison to others.</p> <p>Discussions between James Tierney (Community Development Manager, Everyone Active), Ben Wilson (Water Sports Manager, Surrey Docks Fitness & Watersports Centre) and Jardine Finn (Strategic Officer - Partnerships and Programmes, Southwark Council) identified the opportunity to engage young people into stand up paddle boarding due to its accessible and safe manner compared to other water sports. We are proposing to deliver 14 weeks of free 90 minute taster sessions in this activity.</p> <p>Surrey Docks Fitness and Watersports Centre is an accredited training venue, predominantly running courses for young people. This project will act as a feeder into these but will also ensure that those from a low socio-economic background are able to access and participate in water sport activity long-term, as we will offer the paddleboards in our recreational evening sessions.</p> <p>Anti-social behaviour and crime is increasing in the Surrey Docks ward, leading to the formulation of the Canada Water Safety Network, who repeatedly clamour for more activity for teenagers in the area to engage with.</p> <p>Our aims:</p> <ol style="list-style-type: none"> 1. Increase participation in water sports by 12-18 year-olds. 2. Bridge the gap in gender participation in water sports. 3. Further integration of people from different background. 	£4,845.80

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Reference: Riverside	Name of your group	Name of your project or idea	What project is trying to achieve	How much requested
1118356	Restorative Justice for All	The 3 Rs Project: Reintegration & Restoration in Rotherhithe	<p>Rotherhithe and its surrounding areas have always been one of the country's most deprived communities. SE16 has seen considerable changes in its population composition, landscape and available opportunities. These changes are slowly creating divisions between the area's established and new residents. As we believe that long term and systemic change can happen by starting with our children and young people, we want to carry out a local project that focuses on one of the most marginalized and isolated groups in our area i.e. children from lower socio-economic backgrounds. Our project is needed for our target group to get fairer chances in turning their disadvantage and lives around.</p> <p>For example, we know that out-of-school activities are becoming too expensive for children from poorer families, leaving them isolated and at home. Our project will create free activities for them, allowing them to take advantage of the opportunities that the area offers and compete on equal footing with their peers. It is also needed for the community, as it will bring it together through events, exhibitions, online forums and local media.</p> <p>3Rs will use the values of restorative justice (such as equality, power sharing and dignity) to encourage integration in the area by providing art based activities, exhibitions and 12 workshops focusing on cultural awareness with an emphasis on current issues of local concern e.g. Muslim and faith-based discrimination, racism.</p>	£5,000.00
1119239	Bermondsey Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a non-for-profit community hub and successful training facility providing free courses in a City and Guilds Level 1 Food Preparation and Cookery Qualification and a Level 2 Professional Cookery Qualification for long term unemployed 16 to 40 year olds who are facing disadvantage. Our courses provide the flexibility needed and supports building life skills for our participants including improved communication skills, confidence, timekeeping and more. Trainees attend employability workshops improving their CV's and practising interview skills. Our trainees have the opportunity to participate in work experience on our food market stalls on the Blue Market and in local restaurants. Our trainees with our help are supported into employment.</p> <p>Our project is also a community hub and space, where our activities are expanded to the wider community including free healthy nutritional cooking classes targeting specific groups such as youth groups Power 2 and Active Communities. Our Senior Cooking Clubs works with older people support groups like Time and Talents to provide healthy cooking classes where older people can also build friendships and we can reduce isolation. Our gardening project works on local estates building raised vegetable growing beds, planting flower beds and planting apple trees.</p>	£5,000.00

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Reference: Rotherhithe	Name of your group	Name of your project or idea	What project is trying to achieve	How much requested
1119482	Construction Youth Trust	Construction into Schools	<p>Young Southwark residents risk joining the 6.5% of the working age population in the borough that is unemployed. Even in employment, 21% of residents are in low-paid jobs. The current jobs market is “hourglass shaped”, offering mostly low skilled, low paid jobs or highly skilled, highly paid jobs.</p> <p>Southwark is also home to major regeneration and development projects, in areas such as Canada Water, Elephant & Castle and Bermondsey. This will create a pipeline of training/employment for thousands of local young people over 10-15 years. The construction sector offers a huge variety of jobs (e.g. Bricklaying, Computer Aided Design, Marketing) and bucks the hourglass jobs market trend, with plenty of middle-tier jobs and progression routes. However, awareness of these opportunities is low amongst young people and teachers/advisers. In a 2015 survey, only 3% of 18-25 year olds had actively searched for a job in construction.</p> <p>This project will connect employers involved in development with local schools (including Bacon’s College) and their students to facilitate employer engagement activities. We will raise awareness of local training/employment opportunities in construction and provide students with employer encounters (shown to reduce chances of unemployment and increase earning). Ultimately, we aim to support young residents to successfully progress into further education, training or employment and into careers with real opportunities for progression.</p>	£7,500.00

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1119602	Surrey Docks Provident Society Ltd	Sweet Bee Business	<p>Following a pilot run last year, the Farm wants to establish keeping bees, producing honey and teaching about bees and beekeeping as a permanent offer – for which we now regularly get requests. We want to be able to engage a professional beekeeper & tutors to run sessions on:</p> <ul style="list-style-type: none"> • Free bee workshops for: <ul style="list-style-type: none"> - primary schools visiting the Farm - our youth clubs: ‘Get Farming’ & ‘Young Farmers’ <p>Children will learn about the life of honey bees, their importance as pollinators, bee products, beekeeping equipment and honey tasting and make their own rolled beeswax candle to take home.</p> <ul style="list-style-type: none"> • Fee paying adult taster days: <p>Covering the basics of beekeeping, the life-cycle of the bees, what a beekeeper does, health and safety aspects of beekeeping, opening up a hive and a walk around to give some idea of what the bees might pollinate.</p> • Hive Management: <p>34 visits per year from a professional beekeeper, primarily in Spring to Autumn, including visits for varroa treatment, feeding for winter and harvesting honey.</p> <p>We would greatly appreciate help with next year’s revenue costs to get Sweet Bee Business permanently established at the Farm. This would enable us to begin to generate income from adult taster day workshops and the sale of honey so we can then invest the income generated into the additional capital costs needed for Year 2 (5 new hives and new beekeeping suits and equipment) to ensure we attract the business to cover all our Year 2 costs through income generation.</p> 	£2,700.00
1120119	Herbs & Spaces	Herbs and Space Bus	We have been given a beautiful double decker bus which we intend to put on the road for the group and use as propagation are for our plant, community growing centre and educational facility.	£5,000.00
1120147	Herbs and Spaces	The Big Half marathon for Herbs and Spaces	In 2018 Herbs and Spaces had 17 runners for the Big Half. In preparation to the marathon we had daily workshops for preparing t-shirts for all runners. For the Big Half 2019 we have been given 33 places and following on the previous experience we can build a good local running team, raise awareness for the scheme and get even more people involved.	£1,740.00

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Reference: Surrey Docks	Name of your group	Name of your project or idea	What project is trying to achieve	How much requested
1111112	Bizzie Bodies	Surrey Docks Music Hub	<p>The community is really looking forward to continue to attend our musical education hub with from time to time performances. The hub will be dedicated to young children aged from 5 to 11 years old to discover, develop and participate to affordable or free instrumental classes also live events all based t the Dockland Settlements in Rotherhithe. Young people taking part in our projects will develop technical skills and abilities. They learn to play instruments, to sing, to perform. They will discover what it means to be a musician by expressing themselves, to be creative, to understand the music they like and dislike – and why. They get the chance to experiment, interpret and explore through different kinds of musical worlds and roles. The elements and cultures which lead to particular genres. Music-making has huge personal benefits to make the young people feel happier, calmer and more confident and to make them proud of what they actually achieved. One of the best parts of making music is making music together. Singing in harmony, forming a band, drumming in a group. These activities can create the same sense of pride and euphoria as team sports – and no-one loses. Our music-making project will help young people overcome shyness and make new friends. It's a chance to bond over a shared interest, often with people from all kinds of different backgrounds, to learn to communicate, and build better relationships with their friends and families.</p>	£8,000.00
1111114	Bizzie Bodies	My Art Beats in Surrey Docks	<p>Celebrating local cultures through art and languages! Linguistic & Creative activities</p> <p>Language learning through creative activities happening twice a week at the dockland Settlements running over 40 weeks happening every Tuesday and Saturday for a total of 5 hours per week. The project will aim to prepare students for this unknown future by teaching them language skills through craft, drawing and role play. We want to help children to become creators, innovators and problem solvers who can adapt and pivot when necessary to flourish in a changing world. The language learning will be around the French, Italian and Mandarin cultures, also international celebrations will happen from time to time to represent the local residents of Surrey Docks through workshops representing their cultures.</p>	£6,950.00

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Reference: Surrey Docks	Name of your group	Name of your project or idea	What project is trying to achieve	How much requested
1111115	Bizzie Bodies	Rotherhithe Young Maker club	<p>A digital hub where children will have access to digital technology through an annual program running from April 2019 to March 2020.</p> <p>The capacity of the club will be for a maximum of 10 children attending a weekly workshop running for 2 hours every Friday at the Dockland Settlements community centre. The club will run for a minimum of 12 weeks per term which excludes half terms, holidays and bank holidays. The project aims to develop/reinforce literacy skills, create a portfolio, develop new digital, creative and craft skills, work in group and showcase the final product. The children will learn, explore and create product/artwork through different techniques will include technology (3D Printing, 3D pens, VR glasses, robotic and coding) and product design. They will inspire themselves under our guidance and the research that they will do according to their project and include it in their portfolio. From inspiration and study, the children will design their product (in a group or personally) while acquiring a new digital, craft and design skills, cited above. Each term of programmes will lead to an exhibition to showcase the children artwork and engage the local community also celebrate national events i.e. annual Children Art Week in June, in collaboration with Engage, the governmental body that supports education in galleries.</p>	£9,197.00